



## **Yasmin Williams, Lincoln University of Pennsylvania- c/o 2013, Clinical Psychology**



**Name :** Yasmin Williams

**Your HBCU :** Lincoln University of Pennsylvania

**Graduation Year :** 2013

**Major :** Clinical Psychology

### **1. Where are you from? Who introduced you to HBCUs?\***

Actually I never knew what a HBCU was until I went on a College Tour my junior year of high school with a local YMCA in my area. Since then My love for HBCU's especially LUPA has grown.



Yasmin Williams, a proud graduate of Lincoln University at Pennsylvania '13 posing with her father at her graduation | Image Credit: Yasmin Williams

### **2. Why did you choose an HBCU over a pwi?\***

I wanted to attend a school with people who were similar to me. I thought that attending an HBCU would allow me to be around people who understood me. [How did you decide to become a student at Lincoln University at Pennsylvania?] Felt Like Home - Feel free to elaborate... Anytime you feel like a school or any place already has a piece of you there. That most likely means that that's where you are suppose to be. The history of LUPA is apart of who I am. The underground railroads that people such as; Sojourner Truth and Harriet Tubman traveled through is apart of the place that I call home.

### **3. What is the story of your "experience" at Your HBCU given its heralded status as a stellar and prestigious institution?\***

It was a struggle. Literally! I've had so many financial, personal, and emotional experiences during my time there. However, I told myself nothing nor anyone will stop me from getting my degree. The Chaplain, Rev F. Faison, has been the pillar of strength helping me throughout my four fun, yet stressful years of college.

### **4. "First time" experiences at your HBCU?\***

N/A

### **5. Who are the professors that have impacted your life in and out of the classroom? How did they do that?\***

Honestly, it is very difficult for me to choose just one, but since I have to I would be Professor D. Gaither. She was just very honest and blunt. I could come to her for absolutely anything whether it

was to get help with an assignment or a shoulder to cry on. The family oriented campus of LUPA is one that I can never imagine elsewhere.

**6.**

N/A

**7. Best restaurants on/near campus? Best dishes?**

Applebee's. I would always get the sirloin with mashed potatoes.

**8. Who invited you to interview with us?**

N/A

**9. What is your major? and Why did you choose it?**

I was a Clinical Psychology major. I chose this major because I LOVE to help people. Also because I would like to be a family therapist and work with autistic children.

**10. What are the chants heard most often at the sporting events?**

LU.....lincoln pride. LU.....lincoln pride. Now tell em why. 1-8-5-4, first HBCU FOR SURE.  
1-8-5-4, first HBCU FOR SURE.

**11. How are you positively active on campus? (e.g. clubs, SGA, etc.)**

In both high school and college I was extremely active in the marching band. Shout out to Orange Crush Roaring Lions Marching Band. I was a dancer( Krush Groove). I also was apart of clubs that would be beneficial to me. For example, the Psychology Club, Chapel a Groups, etc.

**12. How did you overcome your nervousness about going to college?**

My first year I cried almost every week. I was so nervous and didn't know what to expect from this place in the boondocks. But I got through this by speaking to my mom everyday, hanging with friends who were already students there, and joining organizations.

**13. How did your HBCU prepare you for a diverse workplace?**

Initially I didn't understand why I had to reach all of these deadlines, writing paper after paper, analyzing data, processing case studies, etc. Now five months later I'm grateful. My HBCU professors were strict, but helpful. They pushed me to milestones that I didn't think that I could reach. Although I am currently a Dance Movement Therapy major at Drexel University and Not in my career yet, LUPA has helped me get one step closer by helping me make it into Grad School.

**14. What advice would you give high school students filling out college applications for the first time?**

My advice is to be patient. Don't get frustrated and have faith that you will receive positive results!!!

**15. If you could only speak two sentences to the youth coming after you what would you say?**

Life is what you make it. Live life without regrets, remember what's important, and God will take care of the rest.

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